

**Ghiath Tayeb, M.D.**  
**Reem Jarbou, D.O.**  
**Seina Farshadsefat, D.O.**  
***Board Certified Gastroenterologists***  
811 South Blvd East, Ste 200  
Rochester Hills, MI 48307

Patient's Name: \_\_\_\_\_

Hospital/Facility: \_\_\_\_\_

Date of Procedure: \_\_\_\_\_

Time to Arrive: \_\_\_\_\_

**\* Arrival time is subject to change. The facility will call you the day before the procedure with the exact arrival time. \***

**pH Bravo Study:**

The doctor has recommended that you undergo a type of acidity study called a Bravo Study. This is a test that is done in Endoscopy using an upper scope called an EGD (Esophago Gastro Duodenoscopy). Bravo testing involves a pH capsule the size of a gel capsule that is temporarily attached to the wall of the esophagus. The pH capsule measures the acid levels in the esophagus and transmits readings wirelessly to a monitor worn on your waist band for 48 hours (about the size of a deck of cards). You will record in a diary your symptoms at the times in which they occur. You will then return the monitor to the Endoscopy unit after the study is complete. The capsule will naturally fall off the wall of the esophagus and pass through digestive tract. **Since the capsule contains metal, you can NOT have an MRI within 30 days.**

Please call Dr. Tayeb's office at 248-651-0800 to schedule the EGD/ Bravo Testing. The preparation requires that you do NOT eat or drink anything after midnight before the exam. Also, **you must be off your reflux medications for 7 days prior to having the test (SEE BELOW).** You will need a driver for transportation and will need to plan on arriving 45 minutes before scheduled exam. If the procedure is being performed at Beaumont Troy, check in at the **West Entrance Endoscopy Registration Desk**. Please see the handout for further information. Notify your physician if you are on any blood thinners (ie. Aspirin, Coumadin, Plavix, etc).

**Stop Taking 7 Days before Test:**

- Aciphex (Rabeprazole)
- Nexium (Esomeprazole)
- Prevacid (Lansoprazole)
- Dexilant (Dexlansoprazole)
- Prilosec (Omeprazole)
- Protonix (Pantoprazole)
- Zegerid ( Omeprazole/ Sodium Bicarbonate)

### Stop Taking 2 Days before Test:

- Reglan ( Metoclopramide)
- Pepcid ( Famotidine)
- Tagament (Cimetidine)
- Zantac ( Ranitidine)
- Axid (Nizatidine)
- Carafate ( Sucralfate)

### Stop Taking any Over-the-Counter antacids 24 hours Before Test:

- Tums
  - Roloids
  - Maalox
  - Mylanta
- 
- ❖ Stop **Plavix** 1 week before the procedure and restart 1 day after EGD, unless instructed otherwise by your doctor.
  - ❖ Stop **NSAIDs** or **Aspirin**-like products (**Motrin, Aleve, Advil, Naprosyn**, etc) **5 days** prior to procedure. You can use plain Tylenol for pain, if needed.
  - ❖ If you are taking **Coumadin (Warfarin)**, this should be stopped **5 days** before the procedure. Some patients may need bridging with Lavenox while off Coumadin. You may need to check with your Cardiologist or PCP.