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## **Outpatient Instructions for Gastroscopy**

Patient's Name \_\_\_\_\_

Hospital/Facility \_\_\_\_\_

Date of Procedure \_\_\_\_\_

Time to Arrive \_\_\_\_\_

**\* Arrival time is subject to change. The facility will call you the day before the procedure with the exact arrival time. \***

- Eight hours prior to the procedure do not eat or drink anything, including water
- **STOP** taking Aspirin, Motrin, and Arthritis medication 7 days prior to the procedure. If needed, you may take Tylenol products.
- **STOP** taking Coumadin, Warfarin, or any blood thinners (Plavix, Ticlid, Effient, or Pradxa) 3 days prior to the procedure.
- No medications may be taken in the morning before the procedure except heart and blood pressure medication (take with a *small* sip of water). Any other medications should be taken after the procedure is over.
- You may NOT work or drive the day of the procedure. You must have a driver that will remain in the facility during the procedure and drive you home or the test will be cancelled.
- If patient is taking weight loss/diabetic injection must stop injections as follows: if taking daily injection, hold injection the day of procedure. If taking weekly injections hold injection one week prior to procedure.

If you have any questions or concerns, please call the office at **(248)-651-0800.**

**If you are unable to keep your appointment, please give at least two business days' notice. A \$100 fee will be assessed for cancellations made after that time. Thank you.**